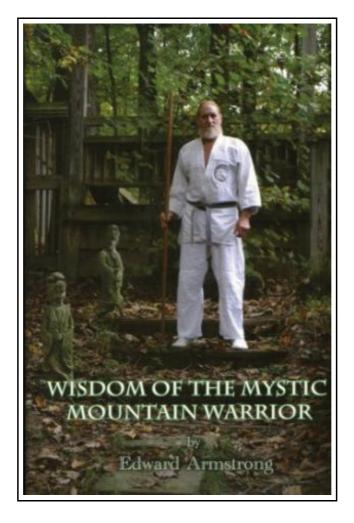
# Wisdom of the Mystic Mountain Warrior: Life Lessons from a Master of the Mixed Martial Arts



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