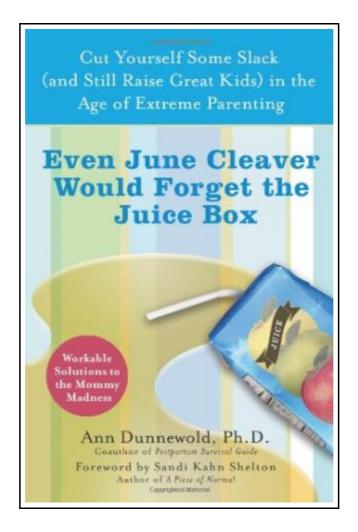
Even June Cleaver Would Forget the Juice Box: Cut Yourself Some Slack (and Raise Great Kids) in the Age of Extreme Parenting



Filesize: 2.58 MB

Reviews

A must buy book if you need to adding benefit. It is actually rally fascinating throgh studying time. Your way of life span will likely be transform as soon as you complete looking over this publication. (Ms. Bernice Rolfson)

EVEN JUNE CLEAVER WOULD FORGET THE JUICE BOX: CUT YOURSELF SOME SLACK (AND RAISE GREAT KIDS) IN THE AGE OF EXTREME PARENTING



HEALTH COMMUNICATIONS, United States, 2007. Paperback. Book Condition: New. 203 x 140 mm. Language: English . Brand New Book. Perfectionism is the arch enemy of mothers everywhere. Dr. Dunnewold gives us a wise and user-friendly book that helps us to say Enough! to non-productive guilty, worry, and self-doubt--and Yes! to the simple ways we can learn to take better care of ourselves and our kids. Harriet Lerner, Ph.D., author of The Dance of Anger and The Mother Dance A reality check for parents, loaded with sensible advice and useful mantras, this book shows how jumping off the runaway train of Perfect Parenting is not only better for you, but teaches your child valuable lessons about real people living real lives. We re doing a Perfectly Good Job, and we are not alone! Christie Mellor, author of The Three-Martini Playdate and The Three-Martini Family Vacation Finally, a book for mothers that does not blame or judge, but offers insight, guidance, and a healthy dose of compassion. Andrea J. Buchanan, author of Mother Shock Your Exit Strategy from the Pressure Cooker of Perfect Parenting So . . . you missed T-ball tryouts, forgot to buy allergy-free organic snacks for today s playdate, got wait-listed for the top preschool, and now you feel like the worst mother in the world . . . again. Millions of moms are drowning in the pressure cooker of modern momhood and want out of the race. The good news: Your exit strategy has arrived. If you re feeling overstressed, overtired, or overscheduled, noted psychologist Ann Dunnewold can help you rewrite the rules of motherhood by introducing a new, healthier paradigm--one that replaces the dysfunctional myth of the June Cleaver mom. Dr . Dunnewold will teach you: How to follow your gut, not guilt; rely on your values...

- Read Even June Cleaver Would Forget the Juice Box: Cut Yourself Some Slack (and Raise Great Kids) in the Age of Extreme Parenting Online
- Download PDF Even June Cleaver Would Forget the Juice Box: Cut Yourself Some Slack (and Raise Great Kids) in the Age of Extreme Parenting

You May Also Like



Children's Educational Book: Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius. Age 7 8 9 10 Year-Olds. [Us English]

Createspace, United States, 2013. Paperback. Book Condition: New. 254×178 mm. Language: English . Brand New Book ***** Print on Demand *****. ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

Read Book »



Children's Educational Book Junior Leonardo Da Vinci: An Introduction to the Art, Science and Inventions of This Great Genius Age 7 8 9 10 Year-Olds. [British English]

Createspace, United States, 2013. Paperback. Book Condition: New. 248 x 170 mm. Language: English . Brand New Book ***** Print on Demand *****. ABOUT SMART READS for Kids . Love Art, Love Learning Welcome. Designed to...

Read Book »



NIV Soul Survivor New Testament in One Year

Paperback. Book Condition: New. Not Signed; 'The whole Bible, in just one year? You've got to be kidding.' Don't panic! How about just the New Testament to start off with? Take thousands of young people...

Read Book »



Take Better Photos: Teach Yourself 2010 (Mixed media product)

Hodder Stoughton General Division, United Kingdom, 2012. Mixed media product. Book Condition: New. Reprint. 198 x 130 mm. Language: English. Brand New Book. Is this the right book for me? Take Better Photos: Teach...

Read Book »



Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Madelyn D R Books. Paperback. Book Condition: New. Paperback. 106 pages. Dimensions: 9.0in. x 6.0in. x 0.3in. This book is about my cousin, Billy a guy who taught me a lot over the years and who...

Read Book »