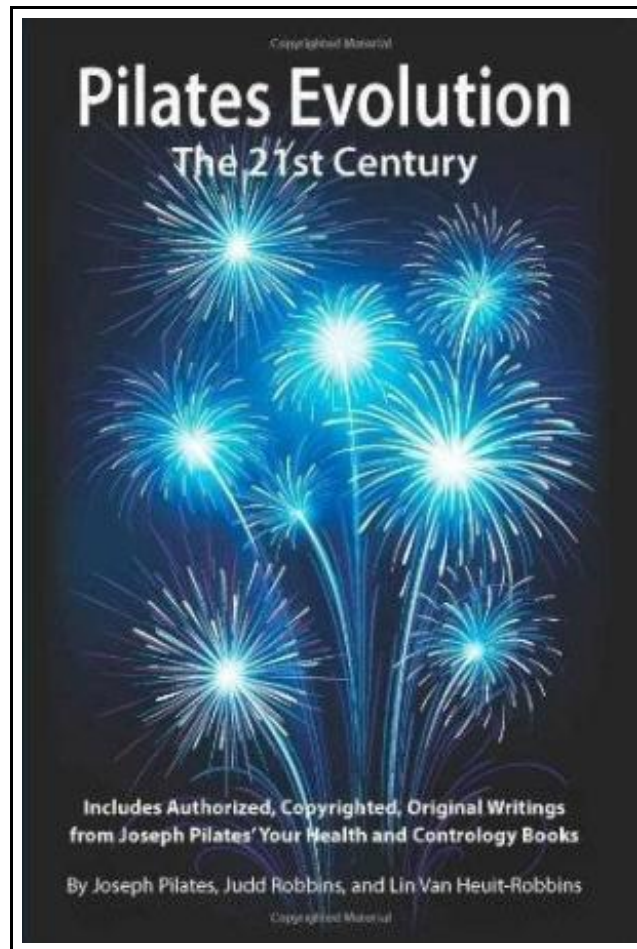


## Pilates Evolution: The 21st Century



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