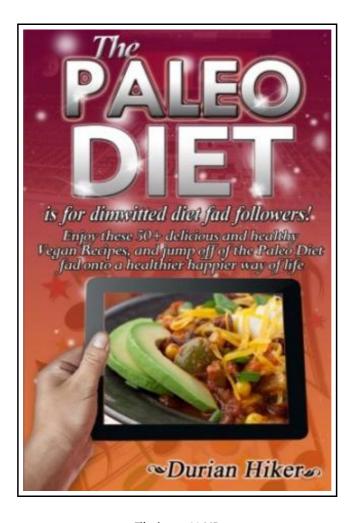
### The Paleo Diet - Is for Dimwitted Diet Fad Followers: Enjoy These 50+ Healthy and Delicious Vegan Recipes, and Jump Off of the Paleo Fad Onto a Healthier Happier Way of Life



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#### Reviews

Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.

(Germaine Welch)

# THE PALEO DIET - IS FOR DIMWITTED DIET FAD FOLLOWERS: ENJOY THESE 50+ HEALTHY AND DELICIOUS VEGAN RECIPES, AND JUMP OFF OF THE PALEO FAD ONTO A HEALTHIER HAPPIER WAY OF LIFE



Createspace Independent Publishing Platform, United States, 2014. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\*\* Print on Demand \*\*\*\*\*\*. Every day animals are being mistreated and forced to spend their short and miserable life knowing that they will soon be butchered and fed to gluttons who have no respect or regard for inferior creatures that we are supposed to protect. HUNDREDS OF BILLIONS! Yes, you read that correctly, HUNDREDS OF BILLIONS (with a B) of animals are murdered each year to feed an already overweight fat population of gluttonous self centered individuals. People who can afford to consume meat are not of the starving who are forced to eat anything they can get their hands on in order to survive just another day. We are not capable of living solely off of meat alone. We were designed to be able to SURVIVE on a lot of things for a BRIEF TIME, and yes meat can be one of them. But while our bodies are capable of SURVIVING on many things if we absolutely have to, our bodies are designed to THRIVE on vegetation of the land. There are so many options for us to choose from when it comes to food. We do not need meat in order to thrive. So people who eat meat are doing so basically out of habit which has been passed down from generation to generation. It is up to you to break that vicious cycle! If you have to wean yourself off of meat then by all means do so. But just take into account that every single time that you cook up a piece of dead rotting flesh, that is another carcass to the pile that you just contributed to adding. Go vegan for the animals, but...

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